

# Detection of *Strongyloides stercoralis* infection among cancer patients in a major hospital in Kelantan, Malaysia

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**INTRODUCTION** Strongyloidiasis is one of the most commonly neglected but clinically important parasitic infections worldwide, especially among immunocompromised patients. Evidence of infection among immunocompromised patients in Malaysia is, however, lacking. In this study, microscopy, real-time polymerase chain reaction (PCR) and enzyme-linked immunosorbent assays (ELISAs) were used to detect *Strongyloides stercoralis* (*S. stercoralis*) infection among cancer patients in a Malaysian hospital.

**METHODS** A total of 192 stool and serum samples were collected from cancer patients who were receiving chemotherapy with or without steroid treatment at a hospital in northeastern Malaysia. Stool samples were examined for *S. stercoralis* using parasitological methods and real-time PCR. Serology by ELISA was performed to detect parasite-specific immunoglobulin G (IgG), IgG4 and immunoglobulin E (IgE) antibodies. For comparison, IgG4- and IgG-ELISAs were also performed on the sera of 150 healthy individuals from the same area.

**RESULTS** Of the 192 samples examined, 1 (0.5%) sample was positive for *S. stercoralis* by microscopy, 3 (1.6%) by real-time PCR, 8 (4.2%) by IgG-ELISA, 6 (3.1%) by IgG4-ELISA, and none was positive by IgE-ELISA. In comparison, healthy blood donors had significantly lower prevalence of parasite-specific IgG (2.67%,  $p < 0.05$ ) and IgG4 (2.67%,  $p < 0.05$ ) responses.

**CONCLUSION** This study showed that laboratory testing may be considered as a diagnostic investigation for *S. stercoralis* among immunocompromised cancer patients.

Keywords: cancer patients, ELISAs, microscopy, real-time PCR, *Strongyloides stercoralis*

## INTRODUCTION

*Strongyloides stercoralis* (*S. stercoralis*) is endemic in many tropical and subtropical countries, with an estimated prevalence of up to 11% in some areas of Southeast Asia.<sup>(1)</sup> A study on the prevalence of *S. stercoralis* infection in Thailand found that 11% of the study population had *S. stercoralis* larvae in their stool samples, while 45% were seropositive.<sup>(2)</sup> In Brazil, parasitological and serological investigations revealed the prevalence of strongyloidiasis among cancer patients to be 13%.<sup>(3)</sup>

*Strongyloides* larvae gain access to the body through transcutaneous and faecal-oral routes, initiating acute infection following an incubation period.<sup>(4)</sup> Strongyloidiasis has variable manifestations, ranging from asymptomatic chronic infection to acute hyperinfection and fatal disseminated syndrome.<sup>(5)</sup> However, adult worms can chronically survive in hosts for decades while causing merely intermittent gastrointestinal symptoms. The most severe effects of *Strongyloides* infections are seen in patients with cancer and autoimmune diseases who receive immunosuppressive therapy. Such therapy dysregulates the immune system, causing the dormant *S. stercoralis* infection to be reactivated in these patients, leading to diseases that may prove fatal.<sup>(6)</sup> Therefore, reliable screening of cancer patients who are at risk for strongyloidiasis relapse could be necessary for accurate diagnosis and appropriate treatment before and during immunosuppressive therapy.<sup>(7)</sup>

Routine diagnosis of strongyloidiasis is usually performed by microscopic examination of stool samples, although this method is reported to have low sensitivity<sup>(8)</sup> and leads to frequent misdiagnosis of the disease.<sup>(7)</sup> Several immunodiagnostic assays have been established and evaluated, and these have shown variable sensitivities and specificities based on the antigen preparation, immunoglobulin isotypes and population tested. Detection of *S. stercoralis* DNA in stool samples using real-time polymerase chain reaction (PCR) has also been shown to be a sensitive and specific method for diagnosis of the infection.<sup>(9)</sup>

To our knowledge, no study has reported on the prevalence of *Strongyloides* infection among immunocompromised patients in Malaysia. The availability of locally relevant data is important in order to determine whether screening for *Strongyloides* should be considered during the management of these patients. As a step toward addressing this issue, the present study aimed to provide evidence of *Strongyloides* infection, using microscopy, real-time PCR and immunoassays, among cancer patients treated at one of the major hospitals in Malaysia.

## METHODS

This was a prospective cross-sectional study performed using samples from cancer patients who were treated at a major hospital in Kelantan, Malaysia. The sample size was calculated based on the prevalence of strongyloidiasis reported in previous related studies.<sup>(2,10)</sup> This study was approved by the Human

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Research Ethics Committee at Universiti Sains Malaysia, Malaysia.

A total of 192 stool and serum samples were collected from cancer patients undergoing chemotherapy with or without steroid treatment between December 2010 and August 2011. Chemotherapeutic agents were administered to the patients in regimens for the treatment of various types of cancers, using standard chemotherapy for underlying diseases. Patients who were found to be positive for *Strongyloides* infection by microscopy and/or real-time PCR were prescribed the appropriate anthelmintic treatment. In addition, 150 previously collected healthy serum samples from blood donors at the same hospital were used to determine the prevalence of parasite-specific immunoglobulin G (IgG) and IgG4 antibodies in the control group.

For the purpose of this study, neutropenia was defined as absolute neutrophil count (ANC)  $\leq 1.5 \times 10^3$  cells/ $\mu\text{L}$ , while eosinophilia was defined as absolute eosinophil count (AEC)  $\geq 0.400 \times 10^3$  cells/ $\mu\text{L}$ .<sup>(11)</sup> Direct smear and formalin-ether concentration examinations were conducted on the stool samples. Triple smears were made for each technique, followed by systematic microscopic examination. Primers and detection probes specific for the *S. stercoralis* 18S rRNA sequence were used in our study, as previously described.<sup>(6,10)</sup> The PCR reaction, thermal profile, concentrations of primers and probes, and interpretation of results were based on the study by Basuni et al.<sup>(8)</sup> For internal control, the phocine herpesvirus 1 (PhHV-1)-specific primers and probe set consisted of the forward primer PhHV-267s, reverse primer PhHV-337as and the double-labelled probe PhHV-305tq. The primers and probes used in our study showed high sensitivity and 100% specificity when tested against DNA controls derived from a wide range of intestinal microorganisms.<sup>(10)</sup>

For DNA amplification, 5  $\mu\text{L}$  of DNA extracted from stool specimens was used as a template in a final volume of 25  $\mu\text{L}$  with PCR buffer (HotStarTaq Master Mix Kit; QIAGEN, Hilden, Germany), 25 mM magnesium chloride (MBI Fermentas Inc, Amherst, MA, USA), 5 mg/mL bovine serum albumin (Sigma Aldrich Co, St Louis, MO, USA), 25 mM each of *S. stercoralis*- and PhHV-1-specific primers (First BASE Laboratories Sdn Bhd, Selangor, Malaysia), and 10 mM each of *S. stercoralis*- and PhHV-1-specific double-labelled probes (Eurogentec SA, Seraing, Belgium). Amplification consisted of 15 mins at 95°C, followed by 50 cycles of 15 s at 95°C and 1 min at 60°C. Amplification, detection and data analysis were performed using the Rotor-Gene 6000 real-time PCR machine (Rotor-gene-Q, Hilden, Germany). Included in each real-time PCR run were PCR mixtures without DNA template as the negative control and DNA of *S. stercoralis* as the positive control. The PhHV-1 viral DNA internal control ensured that there was no inhibition during DNA extraction and PCR reaction. During PCR, the PhHV-1 DNA should be detected in all samples within an acceptable Ct (threshold cycle) range ( $33 < \text{Ct} < 37$ ). If the Ct value of PhHV-1 was  $> 37$ , DNA extraction was repeated. Amplification reactions for detecting *S. stercoralis* were repeated to confirm the results of samples with Ct values  $> 35$  (since this value indicated the presence of

few DNA copies), and the assay was considered negative when  $\text{Ct} \geq 40$  or no amplification curve was obtained. Preparation of the master mix, extraction of DNA and handling of PCR products were all performed in separate rooms using dedicated pipettes and equipment to prevent contamination.

Previously optimised IgG-enzyme-linked immunosorbent assays (ELISAs) using *S. stercoralis* L3 lysate antigen were found to give results comparable to a commercial IgG-ELISA kit (*Strongyloides* Serology Microwell ELISA; IVD Research Inc, Carlsbad, CA, USA). To detect parasite-specific IgG4 and immunoglobulin E (IgE) antibodies, ELISA parameters were also optimised.<sup>(12)</sup> Flat-bottom polystyrene high-bind ELISA microwell plates (Nunc MaxiSorp; Nalge Nunc International, Rochester, NY, USA) were coated overnight at 4°C with 5  $\mu\text{g}/\text{mL}$  of *S. stercoralis* L3 lysate antigen in 0.06 M carbonate buffer (pH 9.6) for IgG-ELISA, or with 10  $\mu\text{g}/\text{mL}$  of the same antigen for IgG4- and IgE-ELISAs. All washings and incubations were performed on a microplate shaker placed in an incubator at 37°C. Subsequently, the coated wells were washed five times (5 mins each) using phosphate buffered saline with 0.05% Tween® 20. The wells were then blocked with 3% bovine serum albumin (Sigma Aldrich Co, St Louis, MO, USA) for one hour. After a washing step, 100  $\mu\text{L}/\text{well}$  of diluted serum samples were added and incubated for 2 hrs. The dilutions of sera were 1:200 for IgG and 1:100 for IgE and IgG4 assays. After another washing step, 100  $\mu\text{L}/\text{well}$  of antihuman IgG/IgG4/IgE conjugated to horseradish peroxidase (Invitrogen, Carlsbad, CA, USA) was diluted in phosphate buffered saline (pH 7.2) and incubated for 30 mins. The dilutions of sera were 1:8,000, 1:4,500 and 1:2,000 for IgG, IgG4 and IgE, respectively. The wells were then washed and 100  $\mu\text{L}/\text{well}$  of ABTS ELISA peroxidase substrate (2,2'-azino-bis[3-ethylbenzothiazoline-6-sulphonic acid]-diammonium salt; Roche Diagnostics, Mannheim, Germany) was added and incubated for 30 mins in the dark.

Optical density (OD) was read at 405 nm, with 490 nm as the reference wavelength, using an ELISA reader (Multiskan® Spectrum; Thermo Scientific, Rockford, IL, USA). The result was considered to be positive when the OD value exceeded the cut-off values (0.21 for IgG4-ELISA; 0.2 for IgE-ELISA; 0.34 for IgG-ELISA). Cut-off values were previously determined using 30 serum samples from healthy individuals whose stool samples were negative for soil-transmitted helminths by microscopy and real-time PCR.

Treatment was given to three patients who tested positive for *Strongyloides* – one patient via stool microscopy and two via real-time PCR. The patients were treated with oral albendazole (400 mg/day) for three days and intravenous tazocin (4.5 g every 6 hrs) for five days. However, the patient who tested positive for *Strongyloides* via stool microscopy died due to multiorgan failure. After five weeks, all tests were repeated for the other two patients.

## RESULTS

The median and mean ages of the patients in our study were 44.0 and 39.1 (range 3–80) years, respectively. The study

sample included patients with various types of malignancies, including haematological malignancies (n = 68, 35.4%) and solid organ tumours (n = 124, 64.6%). A majority of patients had received chemotherapy and steroids. About half of the patients (n = 92, 47.9%) had completed the second and third cycles of chemotherapy at the time of sampling. A total of 69 (35.9%) patients were immunosuppressed (ANC  $\leq 1.5 \times 10^3$  cells/ $\mu$ L), and these included patients who tested positive for *Strongyloides* (n = 11) via PCR and/or microscopy. The remaining 123 (64.1%) patients had normal immunological status. Out of 100 symptomatic patients, 82 (82.0%) had gastrointestinal symptoms. AEC was elevated ( $\geq 0.400 \times 10^3$  cells/ $\mu$ L) in 26 (13.5%) of the 192 patients. Among the patients who were positive for *Strongyloides*, eosinophilia was seen in 3 (27.3%) of the 11 patients who tested positive via PCR and/or microscopy. Table I compares the data of patients found to be positive for *Strongyloides* by at least one of the tests and those who were negative by all tests. Among those found to be positive by at least one of the tests, there were higher proportions of patients with ANC  $\leq 1.5 \times 10^3$  cells/ $\mu$ L and patients with eosinophilia ( $\geq 0.400 \times 10^3$  eosinophils/ $\mu$ L), when compared to patients who were found to be negative by all tests.

Out of the 192 patients in the study, stool microscopy for *Strongyloides* rhabditiform larvae was positive for only 1 (0.5%) patient. This patient was neutropenic and eosinophilic, and had 1–3 rhabditiform larvae per high-power field in fresh stool samples on two occasions within ten days before and after treatment. In all, 3 (1.6%) patients tested positive for *Strongyloides* infection via real-time PCR; the sample that was positive for *Strongyloides* rhabditiform larvae by microscopy was also positive by PCR. Serological diagnosis showed that 8 (4.2%) samples tested positive for *Strongyloides* by IgG-ELISA, 6 (3.1%) by IgG4-ELISA, and none was positive by IgE-ELISA (Table II). Table III compares the findings of the parasitological, molecular and immunological investigations performed among patients who were positive by any of the above tests.

Repeat serum samples from the two patients who received treatment showed positive anti-*Strongyloides* IgG antibody even though other serological tests were negative (data not shown). The anti-*Strongyloides* IgG antibodies titre declined in one patient (OD from 2.800 to 1.403), but was slightly increased in the second patient (OD from 0.113 to 0.242). Repeat stool microscopy and real-time PCRs were negative for both patients.

The prevalence of both parasite-specific IgG and IgG4 antibodies among healthy blood donors was 2.67% in our study. Unpaired *t*-test (with Welch correction) revealed that the incidences of parasite-specific IgG and IgG4 antibodies in controls were significantly lower than those in cancer patients (IgG-ELISA,  $p = 0.0244$ ; IgG4-ELISA,  $p = 0.0463$ ).

## DISCUSSION

There is currently no consensus on the screening approaches for *S. stercoralis* in suspected patients. Routine diagnosis of strongyloidiasis involves a combination of stool microscopy

**Table I. Patient characteristics with respect to the presence of *Strongyloides* in the stool samples.**

Characteristic	No. of patients	
	Positive (n = 11)	Negative (n = 181)
<b>Gender</b>		
Male	8	78
Female	3	103
<b>Mean age (yrs)</b>	32.72	36.64
<b>Diagnosis</b>		
Solid organ tumour	9	115
Lymphoma	1	20
Leukaemia	1	46
<b>Symptom</b>		
GI and/or respiratory symptoms	8	92
No symptom	3	89
<b>ANC</b>		
Mean ANC ( $\times 10^3$ cells/ $\mu$ L)	1.73	4.5
ANC $\leq 1.5 \times 10^3$ cells/ $\mu$ L	8	61
<b>AEC</b>		
Mean AEC ( $\times 10^3$ cells/ $\mu$ L)	0.38	0.24
AEC $\geq 0.40 \times 10^3$ cells/ $\mu$ L	3	23
<b>Cancer treatment</b>		
Chemotherapy only	1	15
Chemotherapy + steroids	9	163
Chemotherapy + radiotherapy	1	3
Total body irradiation	-	-

AEC: absolute eosinophil count; ANC: absolute neutrophil count; GI: gastrointestinal

**Table II. Detection of *Strongyloides stercoralis* infection among cancer patients (n = 192) using direct and indirect diagnostic methods.**

Method	No. (%)		
	Positive	Negative	Detection rate among positive patients* (n = 11)
<b>Direct method</b>			
Microscopy	1 (0.5)	191 (99.5)	1 (9.0)
Real-time PCR	3 (1.6)	189 (98.4)	3 (27.2)
<b>Indirect method</b>			
IgG-ELISA	8 (4.2)	184 (95.8)	8 (72.7)
IgG4-ELISA	6 (3.1)	186 (96.9)	6 (54.5)
IgE-ELISA	0 (0)	192 (100)	0 (0)

\*Patients who were positive using any of the diagnostic methods. ELISA: enzyme-linked immunosorbent assay; IgE: immunoglobulin E; IgG: immunoglobulin G; PCR: polymerase chain reaction

and/or culture techniques. Detection of the helminth larvae in faecal samples can, however, be difficult, and the method is insufficiently sensitive due to the intermittent larval output in stools, thus limiting its use as a standalone diagnostic technique for *Strongyloides* infection.<sup>(13,14)</sup>

The detection of parasitic DNA in faecal samples using real-time PCR has been shown to be a more sensitive and specific method for the diagnosis of strongyloidiasis than faecal examination.<sup>(8,10,15,16)</sup> Even so, since PCR positivity depends on the presence of *S. stercoralis* larvae or their DNA in the samples, the very low larval output seen in the stools of patients with chronic infection may reduce the utility of molecular diagnosis in these patients.<sup>(6,7)</sup>

**Table III. Results of parasitological, molecular and immunological investigations among patients who were positive by any of the tests.**

Patient code	Investigation				
	Stool microscopy	Real-time PCR	IgG ELISA	IgG4 ELISA	IgE ELISA
4	+	+	+	+	-
5	-	-	-	+	-
25	-	-	+	-	-
50	-	-	-	+	-
59	-	-	+	+	-
62	-	-	-	+	-
65	-	-	+	-	-
66	-	+	+	-	-
111	-	-	+	-	-
147	-	-	+	-	-
192	-	-	+	+	-

+: positive; -: negative; ELISA: enzyme-linked immunosorbent assay; IgE: immunoglobulin E; IgG: immunoglobulin G; PCR: polymerase chain reaction

In our study, evidence of the presence of parasite was obtained by means of DNA detection in 3 out of 192 (1.6%) samples, with one of these patients being positive on microscopy as well. The three PCR-positive patients were among those with gastrointestinal symptoms. It might have been possible to obtain higher rates of definitive microscopic detection if more sensitive parasitological methods such as the Baermann technique and faecal culture were used. In a recent study by our group, the prevalence of *S. stercoralis* among non-cancer patients with gastrointestinal disorders at the same hospital using the same real-time PCR protocol was found to be 1.33% (3/225).<sup>(17)</sup> This was similar to the rate of detection of *S. stercoralis* DNA in the present study, thus indicating that both groups of patients have a similar risk of acquiring *S. stercoralis* infection. However, due to immunosuppressive therapy consisting of chemotherapeutic drugs and/or corticosteroids, as well as the progressive nature of many tumours, cancer patients who are generally immunosuppressed are at risk of developing hyperinfection.<sup>(14)</sup> Numerous reports have documented the association of immunosuppressive therapy and steroids as a primary cause of fatal *Strongyloides* hyperinfection in cancer patients.<sup>(18-20)</sup>

Serodiagnosis has been reported to provide useful indirect evidence for laboratory diagnosis of *Strongyloides* infection in both immunosuppressed and immunocompetent patients.<sup>(3)</sup> The most convenient and widely used procedure is indirect ELISA, which detects specific serum IgG, the IgG subclasses (IgG1, IgG2 and IgG4) and IgE antibodies using crude extracts of *S. stercoralis* larvae.<sup>(7)</sup> The serological pattern among the patients in the present study was consistent with that in previous reports, i.e. in the chronic phase of *Strongyloides* infection, there is a decline in the level of IgE, while the level of total IgG remains elevated and IgG4 becomes detectable.<sup>(21,22)</sup>

Furthermore, we found that the ELISAs for the detection of *Strongyloides*-specific IgG and IgG4 antibodies among cancer patients were significantly higher than those among healthy blood donors at the same hospital (data not shown). In another

study by our group involving samples from 26 immunocompetent patients with parasitologically proven infection and 55 control samples, *Strongyloides* IgG-ELISA was found to be significantly more sensitive but less specific than IgG4-ELISA ( $p < 0.05$ ).<sup>(12)</sup> This suggests that the findings of two patients who were IgG4 negative but positive by IgG-ELISA and real-time PCR in our study could be attributed to the lower sensitivity of the IgG4 assay. Similarly, findings of patients who are negative by PCR and IgG4-ELISA but positive by IgG-ELISA may be explained by the lower specificity of the IgG assay. The general immune dysfunction in immunosuppressed cancer patients may also play a role in some of the above seemingly discrepant results.

All PCR or microscopy positive patients in the present study were clearly immunosuppressed at the time of sampling ( $ANC \leq 1.5 \times 10^3$  cells/ $\mu$ L). This result is consistent with two other published studies, which reported the activation of infection in patients with low immunity caused by chemotherapy.<sup>(19,21)</sup> Our observation that there is a higher percentage of patients with low ANC ( $\leq 1.5 \times 10^3$  cells/ $\mu$ L) among those who were positive for *Strongyloides* infection, as compared to those who were found negative by all tests, was also in agreement with earlier results.

Eosinophil levels have been reported to be elevated during early *Strongyloides* infection, decreased during the chronic phase and mildly elevated for many years<sup>(23)</sup> while being absent during immune suppression.<sup>(6)</sup> In the present study, AEC was elevated in all patients who tested positive by PCR or microscopy. Eosinophilia was also reported in another 23 patients in our study. However, this finding might have been incidental or nonspecific since eosinophilia could have also developed as a result of the side effects of chemotherapy, allergy or other parasitic infection or clinical conditions. Moreover, since elevation in eosinophil counts is commonly mild and nonspecific, AEC measurements are not helpful in the differential diagnosis of patients with suspected strongyloidiasis.<sup>(13,24)</sup>

In concordance with other studies, a combination of diagnostic procedures yields higher detection rates when compared to parasitological techniques alone.<sup>(8,10)</sup> Follow-up of our two patients who underwent anthelmintic treatment showed that it was effective in eliminating adult *Strongyloides* worms and *Strongyloides* larvae from the patients' intestines, as evidenced by the negative repeat real-time PCR results (data not shown). As expected, anti-*Strongyloides* IgG antibody titre declined in one patient. However, the titre was increased in the second patient. A possible explanation for this may be that, in this patient, a much higher number of larvae and/or adult worms had caused the release of more antigens upon death, which may have in turn triggered increased antibody production. These two patients were not treated for strongyloidiasis, in accordance with hospital practice, as there is no clinical indication for the treatment of patients who are seropositive but negative for the parasite or its DNA.

Current recommendations suggest empiric treatment with anthelmintic drugs such as albendazole prior to chemotherapy in patients who are at risk of *Strongyloides* infection.<sup>(25)</sup> Although the number of positive patients in our study was small, it was worthwhile to administer albendazole to patients receiving

chemotherapy at our hospital, since the drug is very safe, easy to administer orally and beneficial to patients by way of preventing or minimising serious complications such as hyperinfection syndrome. Albendazole doses of 400 mg twice daily for three days is usually recommended.<sup>(26)</sup> Further studies would likely be required to ascertain whether this recommendation should be extended to other hospitals in Kelantan and neighbouring Malaysian states.

Our study was not without limitations. First, there was an absence of baseline data on tests performed before immunosuppression treatment was initiated for cancer patients. Extensive follow-up studies on a larger scale, using both direct and indirect diagnostic methods, are thus warranted, in order to determine the actual prevalence of *Strongyloides* infection in the local population. Preferably, these studies should involve hospitals from various regions in Malaysia known to be endemic for soil-transmitted helminth infections. Nevertheless, our results could provide useful insights when determining the adequate sample size that would allow robust statistical analysis for future studies.

In conclusion, our study provided evidence of the occurrence of *S. stercoralis* infection among cancer patients at a hospital in Malaysia. Laboratory testing may be considered as one of the investigations for the diagnosis of *S. stercoralis* among this group of immunocompromised patients.

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